

## What you need to do for your upcoming surgical procedure:

1. Do not eat or drink anything after midnight the night before your surgery.
2. The surgery center will call you, the day before your surgery, with your pre-op orders.
3. The surgery center will also let you know what time to arrive at the surgery center the day before your scheduled surgery appointment.
4. All pre-op is done through the surgery centers.
5. You will need to avoid taking any Ibuprofen, Motrin, Advil, Aleve, BC Powders, Aspirin, (or any Aspirin containing products) Vitamin E, and Mobic, one week before your surgery and one week (7 days) after your surgery. You can take over-the-counter Tylenol if needed.
6. You will have post op instructions, please make sure you follow these instructions.
7. If you are on Coumadin or Plavix notify the Doctor who placed you on these medications, so that you may come off of them safely for your surgical procedure.
8. All post op appointments will be given to you or your driver at the time of surgery.
9. At your convenience we will have prescriptions available to be picked up a few days before your scheduled surgery date. Please call ahead of time so that we may have them ready; otherwise, we will give them to you the day of the surgery.

If you have any questions, please feel free to call the office at (228) 864-2121.